



## PERIODONTAL SPECIALISTS OF INDIANA, PC

**James T Wolfe, DDS, MSD**  
**Burton V Largura, DDS, MSD**

2705 S. Berkley Road, Suite 4A  
Kokomo, IN 46902

Phone : 765-453-2619  
Fax: 765-453-5076

*High quality dental care and patient comfort are our goals.*

# PRESCRIPTION GUIDE

## Halcion (Take 1 hour before appointment)

This medication is used to help you relax. Many patients will sleep through their dental procedure. A common side effect is amnesia; you will probably not remember details of your appointment. It is important that you have someone bring you to your appointment and take you home. Occasionally patients who are sensitive to medications will be asked to take a single tablet and bring the second tablet to their appointment. **Please do not drink caffeinated beverages the day of your appointment.**

## Pain Management

Ibuprofen (Advil, Motrin, etc.) should be taken in the amount of 400 mg every 4 hours (**do not exceed 3200 mg per day**). This can be very effective if taken consistently. Ibuprofen is very safe for all patients unless you have previous stomach irritation or kidney disorders. If you currently take an NSAID (Celebrex, aspirin, Dolobid, Mobic, Naproxen, etc.) do not take Ibuprofen but simply continue taking your prescribed pain medication. When Ibuprofen does not relieve pain, it is acceptable to add the prescribed pain medicine.

Tylenol is taken in addition to Ibuprofen and at a dose of no more than 1000 mg per day. Both medications can be taken together since each has a unique mechanism of action. The only precaution for taking Tylenol is for patients with liver disease.

Percocet is a third strategy for pain management. When Ibuprofen and Tylenol fail to manage pain, you should switch to Ibuprofen and Percocet while discontinuing Tylenol. Percocet is a very effective narcotic and is used instead of narcotics such as Codeine and Vicodin (hydrocodone) which cause nausea. Any narcotic has the potential to cause an upset stomach or dizziness. For this reason it is absolutely essential that you lie down and rest after taking a narcotic. Being active and trying to perform normal daily activities while taking any narcotic will cause unwanted side effects.

Norco is another form of pain management.

Ketorolac is another form of pain management.

Antibiotics are sometimes given to prevent infection following a procedure or to treat an existing infection. You may be given Amoxicillin, Keflex, Z-Pack, Metronidazole, Clindamycin or Doxycycline based upon the circumstance or your health history. If prescribed it is important to begin taking your antibiotics the day before your surgical appointment and continue with the antibiotic until gone.

**Do not rinse the mouth for the first 24 hours**  
**After 24 hours rinse with any flavor of Listerine for 30 seconds - twice daily – this will replace brushing in that area until your first post operative appointment!!!!**